

All lunches meet the nutritional guidelines set forth by the National School Lunch Program to include protein, dairy, whole grains, fruits, and vegetables.

MENU

SEPTEMBER LUNCH

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	Deep Dish Pepperoni Pizza PBJ** Garden Salad^ Fresh Fruit & Veggie Milk	1	Chicken Parmesan w/ Garlic Bread PBJ** Chef Salad^ Fresh Fruit & Veggie Milk	2	Hot Dogs TBC Sandwich** Italian Salad^ Fresh Fruit & Veggie Milk	3	Doritos Walking Taco PBJ** Giant Pretzel w/ Cheese Fresh Fruit & Veggie Milk	4	
NO SCHOOL	7	Fiesta Chicken Bowl PBJ** Garden Salad^ Fresh Fruit & Veggie Milk	8	Cheese Burger PBJ** Chef Salad^ Fresh Fruit & Veggie Milk	9	Teriyaki Chicken w/ Egg Roll TBC Sandwich** Italian Salad^ Fresh Fruit & Veggie Milk	10	Cheese Pizza PBJ** Lunchie Munchie Fresh Fruit & Veggie Milk	11
Pulled Pork Mac n Cheese PBJ ** Muffin w/ Yogurt Fresh Fruit & Veggie Milk	14	Chicken Nuggets PBJ** Garden Salad^ Fresh Fruit & Veggie Milk	15	Pizza Sub Melt PBJ** Chef Salad^ Fresh Fruit & Veggie Milk	16	Corn Dogs TBC Sandwich** Italian Salad^ Fresh Fruit & Veggie Milk	17	Crispy Chicken Sandwich PBJ** Giant Pretzel w/ Cheese Fresh Fruit & Veggie Milk	18
Chicken & Waffles PBJ ** Muffin w/ Yogurt Fresh Fruit & Veggie Milk	21	Deep Dish Pepperoni Pizza PBJ** Garden Salad^ Fresh Fruit & Veggie Milk	22	Chicken Parmesan w/ Garlic Bread PBJ** Chef Salad^ Fresh Fruit & Veggie Milk	23	Hot Dogs TBC Sandwich** Italian Salad^ Fresh Fruit & Veggie Milk	24	NO SCHOOL	25
Sunrise Breakfast Bowl w/ Biscuit *CONTAINS EGG PBJ ** Muffin w/ Yogurt Fresh Fruit & Veggie Milk	28	Fiesta Chicken Bowl PBJ** Garden Salad^ Fresh Fruit & Veggie Milk	29	Cheese Burger PBJ** Chef Salad^ Fresh Fruit & Veggie Milk	30	TBC=Turkey Bacon Cheese			

Payment information
www.mymealtime.com

Student Lunch \$3.40
Extra Milk \$.50
Extra Entrée \$1.50

**Side Choices Available Daily:
Whole Grain Crackers
Gogurt Yogurt
String Cheese

^Served with Whole Grain side item

Lunchie Munchie: boxed lunch including a whole grain item, fruit, vegetable and protein

Sunrise Breakfast Bowl: Hashbrowns, diced ham, cheese and egg

Fiesta Chicken Bowl: Seasoned chicken, black beans, rice and cheese

IMPORTANT DATES:
9/7 Labor Day
9/24 12:00p Dismissal
9/25 Fall Festival

