

Our Lady Of Lourdes School



Lunch Menu

Quarter 2-Fall 2023



WEEK ONE: 10/9-10/13; 11/6-11/10; 11/27-12/1

Mon: Pepperoni Calzone, PBJ, Lunchie Munchie
Tue: Chicken Sandwich (Breaded), PBJ, Italian Salad
Wed: Corn Dog, PBJ, Crispy Chicken Salad
Thu: Beef and Cheese Nachos, PBJ, Chef Salad
Fri: Pancake Sausage on a Stick, PBJ, Lunchie Munchie

WEEK TWO: 10/23-10/25**; 11/13-11/17; 12/4-12/8

Mon: Cheese Pizza, PBJ, Lunchie Munchie
Tue: Cheeseburger, PBJ, Italian Salad
Wed: Chicken Tenders, PBJ, Crispy Chicken Salad
Thu: Rotini w/ Meat Sauce, PBJ, Chef Salad
Fri: Mini Cinnamon Rolls w/ Sausage, PBJ, Lunchie Munchie

WEEK THREE: 10/30-11/3; 11/20-11/21**; 12/11-12/15

Mon: Bosco Cheese Sticks, PBJ, Lunchie Munchie
Tue: Sweet and Sour Chicken, PBJ, Italian Salad
Wed: Breaded Tenderloin Sandwich, PBJ, Crispy Chicken Salad
Thu: Meatloaf w/ Dinner Roll, PBJ, Chef Salad
Fri: Biscuits and Gravy, PBJ, Lunchie Munchie

Lunch menus are rotated every three weeks, for nine weeks. Lunchie Munchie is a “grab and go” boxed lunch that includes kid friendly foods, fruits and vegetables. All lunches meet the nutritional guidelines set forth by the National School Lunch Program to include protein, dairy, whole grains, fruits, and vegetables. A variety of fresh fruit and veggies are offered daily.

Lunch account information can be found at www.mymealtime.com. **Payment is expected by date of service.** Extra entrees, snacks, and low-fat ice cream may be available for purchase.

Lunch \$3.05 Snacks \$1.00 Ice Cream \$1.50 Milk \$.50

FALL BREAK OCTOBER 16-20

**NO SCHOOL OCTOBER 26-27

****NOVEMBER 22-GRANDPARENTS DAY. PLEASE BRING A SACK LUNCH.
CAFETERIA CLOSED**

NOVEMBER 23-24 NO SCHOOL-HAPPY THANKSGIVING