

Our Lady Of Lourdes School



Lunch Menu

NEW YEAR 2023



WEEK ONE: 1/9-1/13, 1/30-2/3, 2/20*-2/24

Mon: Lasagna Roll-Up w/ Garlic Bread, PBJ, Lunchie Munchie
Tue: Chicken and Cheese Taquitos, PBJ, Chicken Caesar Salad
Wed: Soft Pretzel w/ Cheese, PBJ, Garden Salad
Thu: Corn Dogs, PBJ, Chef Salad
Fri: Strawberry & Cream Cheese Bagels, PBJ, Lunchie Munchie

WEEK TWO: 1/16*-1/20, 2/6-2/10, 2/27-3/3

Mon: Walking Taco, PBJ, Lunchie Munchie
Tue: Fried Chicken, PBJ, Chicken Caesar Salad
Wed: Pepperoni Pizza, PBJ, Garden Salad
Thu: Honey Sriracha Chicken w/Spring Roll, PBJ, Chef Salad
Fri: French Toast Sticks, PBJ, Lunchie Munchie

WEEK THREE: 1/23-1/27, 2/13-2/17, 3/6-3/10

Mon: Cheeseburger w/ Fries, PBJ, Lunchie Munchie
Tue: Beef and Cheese Burrito, PBJ, Chicken Caesar Salad
Wed: Mozzarella Cheese Sticks, PBJ, Garden Salad
Thu: BBQ Rib Sandwich, PBJ, Chef Salad
Fri: Mini Cinnamon Rolls, PBJ, Lunchie Munchie

Lunch menus are rotated every three weeks, for nine weeks. Lunchie Munchie is a “grab and go” boxed lunch that includes kid friendly foods, fruits and vegetables. All lunches meet the nutritional guidelines set forth by the National School Lunch Program to include protein, dairy, whole grains, fruits, and vegetables.

**1/16 NO SCHOOL MLK DAY*

**2/20 E- LEARNING DAY/PRESIDENT'S DAY*

2/22 ASH WEDNESDAY

Lunch account information can be found at mymealtime.com. **Payment is expected by date of service.** Extra entrees, snacks and low-fat ice cream may be available for purchase.

Student Lunch \$2.95

Entrees \$1.50-Snacks-\$1.00-Ice Cream-\$1.50-Extra Milk \$.50

SUBSTITUTIONS MAY BE MADE WITHOUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER